



# St Paul's Church of England Primary School

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Headteacher: Elizabeth Vautier-Thomas BA Ed (Hons)

Friday 7<sup>th</sup> June 2024

Dear Parent/Carer

Attached is an important leaflet referring to the curriculum coverage with our RSHE lessons with the focus on what we have to cover over the next half term. Some of the subject matter is sensitive and detailed. Please take the time to read the information.

I need to draw to your attention to the section entitled 'What will my child actually be taught about puberty and human reproduction'.

Jigsaw's 'Changing Me' unit is taught over a period of 6 weeks, usually in the second half of the summer term. Each year group will be taught appropriate to their age and developmental stage, building on the previous years' learning. Please note: at no point will a child be taught something that is inappropriate; and if a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), the child will be encouraged to ask his/her parents or carers at home. The question will not be answered to the child or class if it is outside the remit of that year group's programme.

The Changing Me Puzzle is all about coping positively with change and includes:

- **Ages 3-5 Growing up: how we have changed since we were babies.**
- **Ages 5-6 Boys' and girls' bodies; correct names for body parts.**
- **Ages 6-7 Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is).**
- **Ages 7-8 How babies grow and how boys' and girls' bodies change as they grow older. Introduction to puberty and menstruation.**
- **Ages 8-9 Internal and external reproductive body parts. Recap about puberty and menstruation. Conception explained in simple terms.**
- **Ages 9-10 Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent. Conception explained in simple biological terms.**
- **Ages 10-11 Puberty for boys and girls revisited. Understanding conception to the birth of a baby. Becoming a teenager.**



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**†In your light shall we see light**

All lessons are taught using correct terminology, child-friendly language and diagrams.

We have attached a help sheet which gives more detail on the work we cover in our RSHE sessions. Our school website also has links to the topics and lessons which we teach.

If you have any questions or concerns, please speak directly to your child's class teacher.

Regards

**Chris Vaughan**  
PSHE Lead



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