



St Paul's Church of England Primary

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Headteacher: Elizabeth Vautier-Thomas BA Ed (Hons)

Tuesday 4th November 2025

Parents/Carers,

It's that time of year again folks - Anti-Bullying Week 2025! Events will run throughout the whole of next week: Monday 10th – Friday 14th November. The focus this year is: '**Power for Good**'. As part of our work, we will have two worships and lessons, focussing on the message of Anti-Bullying.



- **Monday - Odd Sock Day!**

The children are invited to wear odd socks for the day, linking to Andy and the Odd Socks who you might remember gave us a special visit only a few years ago! This day helps us to remember that - like our odd socks - we are all different and we should all be proud to be ourselves. There is also an additional 'pets in odd socks' element this year so if you have any fun photos of your pets please share them with us and we will add them to our Twitter Feed on the weeks' events.



†In your light shall we see light

- **Throughout the week...**

We will be exploring what bullying looks like and when behaviour becomes bullying. In school, we use the acronym STOP – Several Times On Purpose. This helps the children to differentiate between falling out and bullying. We will also explore the feelings involved and how damaging bullying can be on people self-confidence, mental health and general well-being through whole-school worships led by Mr Vaughan.

We will also be discussing what it feels like to be included and excluded from a game or a friendship group. Also, we will recap on what bullying behaviour is and the different types of bullying: physical, verbal, indirect (leaving others out) and cyber. When any of these happen, we should always tell a trusted adult, either in school or at home. There will be a focus upon cyber-bullying and the impact this can have on our well-being.

If you would like further information on Anti-Bullying Week activities or resources, please check out our school website. Our whole school Anti-Bullying Policy is also available to view. Please feel free to contact the school if you have any concerns or questions relating to Anti-Bullying. At St Paul's, we adopt an open door policy and we treat bullying with the upmost seriousness so please always approach us if you feel your child is feeling worried or upset.

Many thanks to you all for your continued support in this crucial work.

Here's to a fun week ahead!

Kind regards,

Chris Vaughan and Jane Millington-Jones
PSHE Lead and Pastoral and Safeguarding Manager



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