

Date: May 2021

# Action Plan



Eco-Schools Topic:  
Healthy Living

Aim: To ensure that all children are having healthy snacks at break time, consisting of a piece of fruit or vegetable or a cereal bar of grains.

Action(s): Class teachers to promote healthy living and healthy eating through lessons on diet and food choices.  
Class teachers to monitor break time snacks and lunchboxes for healthier options.  
Promote healthy snacks/options in poster form to be displayed in every classroom and around the school.

How long will it take?  
A few months of monitoring and for class teachers to deliver the important benefits to healthy eating and lifestyle to the children.

Who is responsible?  
Class teachers; class TA'S, lunchtime supervisors, ECO reps.

How we will monitor progress:  
Staff observing snacks and lunchboxes, provide a 5 a day tick sheet, class awards for healthiest class of the week.  
Evaluation:

Eco-Schools Topic: Energy

Aim: To monitor the electricity meter and measure our usage months.

Look into Smart Meters from electrical companies

Action(s):  
To record the meter readings and find ways of reducing our electricity usage.

Take part in the Switch off Fortnight 3 times a year.

Have an energy monitor per class.

How long will it take?  
6 months to get an idea of the level of usage and cost of electricity being used and then 6 months of implementing energy saving ideas.

Who is responsible?  
EVERYONE!

How we will monitor progress:  
energy bills and usage. Energy monitors taking charge of energy saving ideas.

Evaluation:

Eco-Schools Topic:  
Transport

Aim: Encourage more children to be walking to school.

Action(s):  
Taking part in Walk to School Week. Lessons for teachers to complete before the walking week and children will receive certificate for participation. Ideally promoting and encouraging more children to walk to school daily- promoting healthier lifestyles.

How long will it take?  
One week, hopefully it will encourage children to walk to school daily or more frequently.

Who is responsible?  
Children, staff, parents/carers

How we will monitor progress:  
Children will complete survey daily for a week and regularly over the year, spot-check surveys to see if numbers are maintained or on the up for walking to school in the new academic year.

Evaluation: ECO reps and Class teachers.

